

MONDAY, July 7

Track 1: 8-9:15 a.m.

1. F.A.S.T. First responder Active Shooter Training- *FEATURED SESSION*

FRYSC Training Domain: Child/Youth Health and Development Needs

James Stephens, Safety/Security Consultant, Safe-T-Sources, LLC, Ashland, Ky.

When seconds count in an active shooter situation, are you prepared to make life-saving decisions? The F.A.S.T. program is devoted to the true first responders in an active shooter event. Learn the concepts of response when confronted with this situation.

2. Current Trends in Synthetic Drugs

FRYSC Training Domain: Child/Youth Health and Development Needs

Bruce Talbot, Sergeant, Illinois Police (Ret.); President, Bruce R. Talbot Associates, Bolingbrook, Ill.

We are constantly hearing about the newest synthetic drug to hit the streets. Just what are Krocodill's and Molly's? Come learn the real facts about the latest drug trends plaguing our students today.

3. Micropolitics

FRYSC Training Domain: Center Operations

Wayne D. Lewis Jr., Educational Leadership Studies, University of Kentucky, Lexington, Ky.

Working in a school setting, FRYSCs staff must often navigate competing claims on resources, as well as the politics within the school. To be successful, understanding these micropolitics can help staff better achieve their goals. Learn how micropolitics often work within schools and discuss strategies for working within the school context to influence resource allocation and decision-making.

4. Sex Offenders: What Child Advocates Should Know, Part I

FRYSC Training Domain: Social & Emotional Needs

Cory Jewell Jensen, M.S., Co-Director, Center for Behavioral Intervention, Beaverton, Ore.

Examine specific strategies used to target, seduce and exploit children and adults based on information collected from approximately 1,600 sex offenders. Learn the possible number of undetected offenders and sexual crimes occurring in our communities, crossover sexual crime behavior, recidivism rates, treatment outcomes and the increasing trend in sexually deviant behavior associated with the Internet.

5. Understanding the Middle School Child

FRYSC Training Domain: Social & Emotional Needs

Janice Gabe, LCSW, LCAC, New Perspectives of Indiana, Inc., Indianapolis, Ind.

Young adolescents are in a life-altering transitional phase of life. Learn about the cognitive, emotional, psychological and social world of the middle school child. Discuss cultural issues

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which have significantly impacted this generation. Review strategies for motivating the middle school child and enhancing their resilience in school, therapy and at home.

Track 2: 9:30-10:45 a.m.

6. **ACE's: Adverse Childhood Experiences and their Impact on Lifelong Health**

FRYSC Training Domain: Social & Emotional Needs

Ruth Ann Shepherd, MD, FAAP, Director, Division of Maternal and Child Health, Kentucky Department for Public Health, Cabinet for Health and Family Services, Frankfort, Ky.

School readiness often refers to whether a young child can count or identify letters. However, perhaps the most important skills for success in school and beyond relate to social-emotional skills that are formed in the child's first two years of life. Review early brain development, how early experiences alter the "hardwiring" of the brain, and how toxic stressors such as poverty and violence in the home cause changes in brain structure. Learn not only the impact on the child's ability to learn, but also the increased possibility for high risk behaviors, mental health issues and chronic disease during adulthood. Discuss strategies for mitigating toxic stressors and its effects.

7. **Current Trends in Synthetic Drugs (REPEAT)**

FRYSC Training Domain: Child/Youth Health and Development Needs

Bruce Talbot, Sergeant, Illinois Police (Ret.); President, Bruce R. Talbot Associates, Bolingbrook, Ill.

We are constantly hearing about the newest synthetic drug to hit the streets. Just what are Krocodill's and Molly's? Come learn the real facts about the latest drug trends plaguing our students today.

8. **Cutting and Other Self-Harming Behaviors of Adolescent Females**

FRYSC Training Domain: Social & Emotional Needs

Janice Gabe, LCSW, LCAC, New Perspectives of Indiana, Inc., Indianapolis, Ind.

Self-harming behavior has increased significantly among adolescent females. Explore the myths behind self-harming behaviors, the role of self-harming behavior with this population and a step-by-step process for effectively intervening. Learn to differentiate between self-harm as part of a character disorder vs. self-harm as a coping mechanism.

9. **Fuel UP to Play 60**

FRYSC Training Domain: Child/Youth Health and Development Needs

Paula Hunter, Coordinator, Nicholas County Family Resource and Youth Services Center, Carlisle, Ky.

Melinda Turner, Manager, School Health and Wellness, Southeast United Dairy Industry Association, Booneville, Ky.

Learn how to help improve the overall health and well-being of students, families, staff and the community through exercise and nutrition with the Fuel UP to Play 60 grant. Discover

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how to increase students' ability to succeed and encourage a lifetime of personal wellness. Discuss ideas to promote school wellness goals and motivate staff and the community. Find out how to become a Fuel Up to Play 60 school and explore some boot camp program exercises.

10. Let's Talk about Suicide Prevention

FRYSC Training Domain: Social & Emotional Needs

Patti Clark, MBA, Project Coordinator, Suicide Prevention Efforts for Adolescents in Kentucky, Kentucky Department of Behavioral Health, Frankfort, Ky.

Learn evidence-based procedures related to early identification, referral and follow-up for students at risk for suicide. Discover community resources to connect with before a crisis arises. Learn tips to discuss the issue of at-risk youth with parents/guardians to increase use of treatment options. Obtain awareness materials to help educate parents on when to be concerned about their child, related to increased suicide risk.

11. The New Face of Medicaid

FRYSC Training Domain: Child/Youth Health and Development Needs

Lisa Lee, Deputy Commissioner, Department for Medicaid Services, Cabinet for Health and Family Services, Frankfort, Ky.

Learn a brief history of Medicaid and the changes related to eligibility and services that were implemented effective January 1, 2014.

12. Sex Offenders: What Child Advocates Should Know, Part II

FRYSC Training Domain: Social & Emotional Needs

Cory Jewell Jensen, M.S., Co-Director, Center for Behavioral Intervention, Beaverton, Ore.

Examine specific strategies used to target, seduce and exploit children and adults based on information collected from approximately 1,600 sex offenders. Learn the possible number of undetected offenders and sexual crimes occurring in our communities, crossover sexual crime behavior, recidivism rates, treatment outcomes and the increasing trend in sexually deviant behavior associated with the Internet.

13. Safe Home Visits

FRYSC Training Domain: Family Development

James Stephens, Safety/Security Consultant, Safe-T-Sources, LLC, Ashland, Ky.

Personal interaction with students and their guardians creates a safety risk for educational and health professionals. Learn how to develop a safe home visit program by implementing situational awareness. Obtain information on proper methods of pre-planning, actualization and follow-up processes for a home visit. Understand the concepts of situational awareness, and how to open the mind to effectively and accurately interpret surroundings to stay safe in many situations.

Track 3: 11 a.m. – 12:15 p.m.

14. Keynote Speaker: Carissa Phelps, Author of *Runaway Girl*

FRYSC Training Domain: Social & Emotional Needs

Track 4: 1:45-3 p.m.

15. All Pro Dad: Increasing Male Involvement and Engaging Dads Over Breakfast

FRYSC Training Domain: Family Development

Andy Mayer, School Programs Manager, Family First, Tampa, Fla.

“All Pro Dad’s Day” and “iMOM Morning” breakfast programs are low-cost, proven strategies for engaging parents at school in a way that strengthens families, benefits students and improves the educational experience. Learn about these programs and how to effectively and easily implement them during this interactive and engaging session. Discuss best practices for engaging men in schools.

16. Current Reality of Kentucky’s Oral Health

FRYSC Training Domain: Child/Youth Health and Development Needs

Lacy McNary, Health Policy Analyst, Kentucky Youth Advocates/Kentucky Oral Health Coalition, Jeffersontown, Ky.

Laura Hancock Jones, Public Health Dentist/KOHC Chair, Kentucky Oral Health Coalition, Jeffersontown, Ky.

Kentucky's oral health status remains among the most pressing and serious problems in the state. Kentucky has the fifth highest rate of "toothlessness" in the country among adults age 65 and older. Learn about the mission of the Kentucky Oral Health Coalition, comprised of dental professionals, parents, teachers, advocates and businesses, working together to improve the oral health of Kentuckians so each and every resident of the Commonwealth can enjoy optimal oral health for life.

17. Health Rocks!

FRYSC Training Domain: Child/Youth Health and Development Needs

Ashley Holt, Agent, Cooperative Extension 4-H Youth Development, Louisville, Ky.

Whitney McKoy, Franklin County Extension Agent, 4-H & Youth Development, Frankfort, Ky.

Health Rocks!® is a healthy living curriculum aimed at 8-16 year olds, with the goal of bringing youth, families and communities across the United States together to reduce tobacco, alcohol and drug use by youth. Learn how you can implement this program in your county!

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18. **It's a Guy Thing, Part I**

FRYSC Training Domain: Social & Emotional Needs

Janice Gabe, LCSW, LCAC, New Perspectives of Indiana, Inc., Indianapolis, Ind.

The process of therapy and treatment often contradicts the very nature of adolescent males. Clinicians often find themselves with resistant, uncommunicative and non-responsive adolescent male clients. Learn effective strategies for increasing therapeutic compliance and how to enjoy working with this population.

19. **Keeping Students Focused and Motivated on their Educational Future: Trix Stix LLC**

FRYSC Training Domain: Educational System & Academic Needs

Zachary Watson, Owner and Operator, Trix Stix LLC, Evansville, Ind.

Discover a myriad of ideas for presentations in your students and community, including anti-bullying, drug prevention and leadership development. Gain a plethora of ideas to bring Trix Stix back to your school, and enjoy zany balancing antics of the Trix Stix.

20. **Sex Offenders: What Child Advocates Should Know, Part III**

FRYSC Training Domain: Social & Emotional Needs

Cory Jewell Jensen, M.S., Co-Director, Center for Behavioral Intervention, Beaverton, Ore.

Examine specific strategies used to target, seduce and exploit children and adults based on information collected from approximately 1,600 sex offenders. Learn the possible number of undetected offenders and sexual crimes occurring in our communities, crossover sexual crime behavior, recidivism rates, treatment outcomes and the increasing trend in sexually deviant behavior associated with the Internet.

21. **What Drug is my Student On?**

FRYSC Training Domain: Child/Youth Health and Development Needs

Bruce Talbot, Sergeant, Illinois Police (Ret.); President, Bruce R. Talbot Associates, Bolingbrook, Ill.

Learn unique visual clues and matching physical symptoms to recognize and document students under the influence of drugs.

22. **Safe Home Visits-REPEAT**

FRYSC Training Domain: Family Development

James Stephens, Safety/Security Consultant, Safe-T-Sources, LLC, Ashland, Ky.

Personal interaction with students and their guardians creates a safety risk for educational and health professionals. Learn how to develop a safe home visit program by implementing situational awareness. Obtain information on proper methods of pre-planning, actualization and follow-up processes for a home visit. Understand the concepts of situational awareness, and how to open the mind to effectively and accurately interpret surroundings to stay safe in many situations.

Track 5: 3:15-4:30 p.m.

23. Building a Survivor Led Community Protocol for Response "CPR" to Human Trafficking

FRYSC Training Domain: Social & Emotional Needs

Carissa Phelps, CEO, Runaway Girl, San Luis Obispo, Calif.

Runaway Girl, FPC offers local survivors and groups a chance to collaborate with expert trainers in the area of Human Trafficking. Former runaways and survivors of commercial sexual exploitation facilitate activities and lead trainings. Runaway Girl offers individuals a way to transform their human trafficking experiences into motivation and inspiration that will benefit their local communities. Learn about Runaway Girl and local partnerships available for survivors in your community.

24. Compassion Fatigue: A Guide to Practicing Self-Care

FRYSC Training Domain: Leadership Skills

Amber Spencer, Coordinator, Shacklette Elementary Family Resource Center, Louisville, Ky.

Understand the importance of self-care in the helping profession and the consequences due to work-related stress. Discuss ideas, theories and thoughts on how to combat burnout.

25. It's a Guy Thing, Part II

FRYSC Training Domain: Social & Emotional Needs

Janice Gabe, LCSW, LCAC, New Perspectives of Indiana, Inc., Indianapolis, Ind.

The process of therapy and treatment often contradicts the very nature of adolescent males. Clinicians often find themselves with resistant, uncommunicative and non-responsive adolescent male clients. Learn effective strategies for increasing therapeutic compliance and how to enjoy working with this population.

26. Keeping Students Focused and Motivated on their Educational Future: Trix Stix LLC

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Zachary Watson, Owner and Operator, Trix Stix LLC, Evansville, Ind.

Discover a myriad of ideas for presentations in your students and community, including anti-bullying, drug prevention and leadership development. Gain a plethora of ideas to bring Trix Stix back to your school, and enjoy zany balancing antics of the Trix Stix.

27. Protecting our Children: Advice From Child Molesters: Oregon's Innovative Approach to Child Safety and Crime Prevention

FRYSC Training Domain: Social & Emotional Needs

Cory Jewell Jensen, M.S., Co-Director, Center for Behavioral Intervention, Beaverton, Ore.

Review Oregon's grassroots prevention project "Protecting our Children: Advice From Child Molesters." Initially developed by two veteran sex offender treatment providers, "PYC" has grown into a multi-county/state, multi-disciplinary child abuse prevention campaign.

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28. QPR—Question, Persuade, Refer—An Approach to Youth Suicidal Issues

FRYSC Training Domain: Social & Emotional Needs

Allison Mortenson, Coordinator, Grant County YSC, Dry Ridge, Ky.

Every year Kentucky youth have suicidal thoughts, formulate plans and make a genuine suicidal attempt. Learn the warning signs, how to ask about suicide and how to assist someone with getting help. **Limited to 25 participants per session**

29. Strengthening Families Initiative

FRYSC Training Domain: Family Development

LeeAnn Gabbard, Regional Program Manager, Division of Family Resource and Youth Services Centers, Cabinet for family and Health Services, Frankfort, Ky.

This workshop provides an overview of "KY Strengthening Families". (KSF) KSF is a strategy using six Protective Factors to help prevent child abuse and neglect, promote child and youth development and increase school readiness. FRYSC Coordinators will learn about the six Protective Factors and explore ways they can be integrated into their existing training and programs to help strengthen families. The Protective Factors include: Parental Resilience, Social Connections, Knowledge of Parenting and Child Development, Concrete Support in Time of need, Nurturing and Attachment, and Children's Social and Emotional Development.

30. What Drug is my Student On?

FRYSC Training Domain: Child/Youth Health and Development Needs

Bruce Talbot, Sergeant, Illinois Police (Ret.); President, Bruce R. Talbot Associates, Bolingbrook, Ill.

Learn unique visual clues and matching physical symptoms to recognize and document students under the influence of drugs.

TUESDAY, July 8:

Track 6: 8-9:15 a.m.

31. F.A.S.T. First responder Active Shooter Training- **FEATURED SESSION**

FRYSC Training Domain: Child/Youth Health and Development Needs

James Stephens, Safety/Security Consultant, Safe-T-Sources, LLC, Ashland, Ky.

When seconds count in an active shooter situation, are you prepared to make life-saving decisions? The F.A.S.T. program is devoted to the true first responders in an active shooter event. Learn the concepts of response when confronted with this situation.

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32. Best Practices for Supporting LGBTQI2-S Students in School

FRYSC Training Domain: Social & Emotional Needs

Chris Duckworth, Assistant Directory Program Evaluation, KY SEED, Richmond, Ky.

Gain basic understanding and awareness of the challenges faced by students who are lesbian, gay, bisexual, transgender, questioning, intersex, and/or two-spirit. Learn practical strategies and resources for improving school climate and safety for all students. Discuss educational and other disparities among LGBTQI2-S students and strategies for reducing them. Obtain a GLSEN Safe Space Kit: A Guide to Being an Ally to LGBT Students, resources for assisting students and families, and a plan for community action.

33. Body Language Cues

FRYSC Training Domain: Leadership Skills

Adam Argullin, Community Resource Officer, City of Florence Police Department, Florence, Ky.

Learn to understand body language cues when working with families and children. Explore verbiage, non-verbal cues, reading body language and many other useful tricks to better understand others.

34. Partnering with DCBS: Reporting Abuse, Neglect, Domestic Violence and Exploitation

FRYSC Training Domain: Child/Youth Health and Development Needs

Doug Abrams, Centralized Intake SBSR, Cabinet for Health and Family Services, Lexington, Ky.

Find out how to report suspected child abuse and neglect. Learn what comprehensive information to provide the Central Intake Unit in order to screen reports for assessment and/or investigation.

35. What's Going on in Adolescent Substance Abuse Treatment

FRYSC Training Domain: Child/Youth Health and Development Needs

Geoff Wilson, LCSW, CADC, Director, Business Development/Private Practice, The Ridge Behavioral Health, Lexington, Ky.

Participate in an in-depth review of the prevalence of adolescent substance abuse, current drugs of abuse and treatment options for youth at various stages of use. Review tips for educators and clinicians, and learn the importance of working with families to help youth receive needed care.

Track 7: 9:30-10:45 a.m.

36. Adolescent Development: What We Need to Know to Be Effective

FRYSC Training Domain: Child/Youth Health and Development Needs

Geoff Wilson, LCSW, CADC, Director, Business Development/Private Practice, The Ridge Behavioral Health, Lexington, Ky.

Learn about physical, emotional and social aspects of adolescent development.

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Obtain specific information on adolescent brain development to use in day-to-day interactions with youth, and review the impact of substance use on adolescent development.

37. All Pro Dad-Increasing Male Involvement and Engaging Dads Over Breakfast

FRYSC Training Domain: Family Development

Andy Mayer, School Programs Manager, Family First, Tampa, Fla.

“All Pro Dad’s Day” and “iMOM Morning” breakfast programs are low-cost, proven strategies for engaging parents at school in a way that strengthens families, benefits students and improves the educational experience. Learn about these programs and how to effectively and easily implement them during this interactive and engaging session. Discuss best practices for engaging men in schools.

38. Building a Survivor Led Community Protocol for Response "CPR" to Human Trafficking-REPEAT

FRYSC Training Domain: Social & Emotional Needs

Carissa Phelps, CEO, Runaway Girl, San Luis Obispo, Calif.

Runaway Girl, FPC offers local survivors and groups a chance to collaborate with expert trainers in the area of Human Trafficking. Former runaways and survivors of commercial sexual exploitation facilitate activities and lead trainings. Runaway Girl offers individuals a way to transform their human trafficking experiences into motivation and inspiration that will benefit their local communities. Learn about Runaway Girl and local partnerships available for survivors in your community.

39. Laughter Truly Is the Best Medicine

FRYSC Training Domain: Social & Emotional Needs

Jimmy Dyer, FRYSC District Contact, Caldwell County Schools, Princeton, Ky.

Investigate the health, emotional and social benefits of laughter in our daily lives. Be prepared to laugh!

40. Teens and Stalking: Part I

FRYSC Training Domain: Child/Youth Health and Development Needs

Rebecca Dreke, Deputy Director, Stalking Resource Center, National Center for Victims of Crime, Washington, D.C.

Research indicates that 12% of stalking victims report being stalked before the age of 18. In this 2-part workshop, participants will learn about the dynamics of stalking among teens, the different developmentally appropriate behaviors that teens do and do not engage in, the types of technologies that teens use and how they can be misused, and how to work with teen victims of stalking. Although attendance in both parts of the session are not

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mandatory, it is recommended in order for all participants to benefit from the information and dialog shared.

41. Partnering with DCBS: Reporting Abuse, Neglect, Domestic Violence and Exploitation

FRYSC Training Domain: Child/Youth Health and Development Needs

Doug Abrams, Centralized Intake SBSR, Cabinet for Health and Family Services, Lexington, Ky.

Find out how to report suspected child abuse and neglect. Learn what comprehensive information to provide the Central Intake Unit in order to screen reports for assessment and/or investigation.

42. Product of our Environment: When Children come from Drug Homes

FRYSC Training Domain: Child/Youth Health and Development Needs

Adam Argullin, Community Resource Officer, City of Florence Police Department, Florence, Ky.

A child rarely discloses everything that happens at home. Learn signs that a child is residing where drugs are being distributed, manufactured or abused.

43. Stewards of Children: Part I (Participants must attend Part 1 and Part 2)

FRYSC Training Domain: Child/Youth Health and Development Needs

Dianne Arnett, Regional Program Manager, Division of Family Resource and Youth Services Centers, Cabinet for family and Health Services, Frankfort, Ky.

Tammy Gay, Regional Program Manager, Division of Family Resource and Youth Services Centers, Cabinet for Family and Health Services, Frankfort, Ky.

Stewards of Children is a revolutionary sexual abuse prevention training program that educates adults how to prevent, recognize and react responsibly to child sexual abuse. An evidence-based, third party evaluated program, *Stewards of Children*, is appropriate not only for organizations which serve children directly, but also for individuals and businesses who want to protect children.

Track 8: 11 a.m. – 12:15 p.m.

44. Building a Survivor Led Community Protocol for Response "CPR" to Human Trafficking-REPEAT

FRYSC Training Domain: Social & Emotional Needs

Carissa Phelps, CEO, Runaway Girl, San Luis Obispo, Calif.

Runaway Girl, FPC offers local survivors and groups a chance to collaborate with expert trainers in the area of Human Trafficking. Former runaways and survivors of commercial sexual exploitation facilitate activities and lead trainings. Runaway Girl offers individuals a way to transform their human trafficking experiences into motivation and inspiration that will benefit their local communities. Learn about Runaway Girl and local partnerships available for survivors in your community.

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45. **Product of our Environment: When Children come from Drug Homes-REPEAT**

FRYSC Training Domain: Child/Youth Health and Development Needs

Adam Argullin, Community Resource Officer, City of Florence Police Department, Florence, Ky.

A child rarely discloses everything that happens at home. Learn signs that a child is residing where drugs are being distributed, manufactured or abused.

46. **Putting the SELF back in Care - Learning how to focus on the six most important areas of self-care**

FRYSC Training Domain: Leadership Skills

Karen McCracken, Inspirational Speaker, Writer and Editor, Lawrenceburg, Ky.

We often hear about self-care and how important it is, yet many put it on the back burner because we feel 'selfish'. Needing, desiring and longing to be cared for is not selfish, it's self-preservation. There is no "one-size-fits-all" self-care plan, but learn to refocus and determine the best plan for **you**.

47. **Reaching Out to the Difficult Student**

FRYSC Training Domain: Educational System & Academic Needs

Jimmy Dyer, FRYSC District Contact, Caldwell County Schools, Princeton, Ky.

Just a few years ago, the term "difficult student" signified a child with behavior issues.

Today, that same phrase may mean the child is unmotivated and struggling due to difficult home situations. These students aren't concerned with state tests, but with survival. Learn how reaching out to difficult students can not only help them, but also improve test scores.

48. **Role Models**

FRYSC Training Domain: Leadership Skills

Sgt. Rick Saint-Blancard, MBA, Commander, Public Affairs Branch, Kentucky State Police, Frankfort, Ky.

A Role Model is an individual who is looked up to, revered by someone else and who other individuals aspire to be like. They may be someone who you know and interact with on a regular basis, or may be someone who you've never met. Discuss leadership and how all adults impact kids on a daily basis.

49. **Stewards of Children: Part II (Participants must attend Part 1 and Part 2)**

FRYSC Training Domain: Child/Youth Health and Development Needs

Dianne Arnett, Regional Program Manager, Division of Family Resource and Youth Services Centers, Cabinet for family and Health Services, Frankfort, Ky.

Tammy Gay, Regional Program Manager, Division of Family Resource and Youth Services Centers, Cabinet for family and Health Services, Frankfort, Ky.

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50. Teens and Stalking: Part II

FRYSC Training Domain: Child/Youth Health and Development Needs

Rebecca Dreke, Deputy Director, Stalking Resource Center, National Center for Victims of Crime, Washington, D.C.

Research indicates that 12% of stalking victims report being stalked before the age of 18. In this 2-part workshop, participants will learn about the dynamics of stalking among teens, the different developmentally appropriate behaviors that teens do and do not engage in, the types of technologies that teens use and how they can be misused, and how to work with teen victims of stalking. Although attendance in both parts of the session are not mandatory, it is recommended in order for all participants to benefit from the information and dialog shared.

51. Trauma Informed Care in Kentucky

FRYSC Training Domain: Social & Emotional Needs

Kara Fresh, Program Administrator, Impact Plus Central Office, Kentucky Division of Behavioral Health, Frankfort, Ky.

Until recently, trauma disorders were considered to be fairly limited to people exposed to combat and disasters. In the last fifteen years, there have been a higher prevalence of trauma disorders in both the general population and individuals treated within the mental health system. Learn basics of trauma and trauma informed practices/crisis planning and how this relates to effectively working with children and their families.

Track 9: 12:30-1:45 p.m.

52. Keynote Speaker: Holly Dunn-Pendleton, Survivor of the Railway Serial Killer

FRYSC Training Domain: Social & Emotional Needs

Track 10: 2-3:15 p.m.

53. Brain Interventions: Before, During and After School Physical Activity

FRYSC Training Domain: Child/Youth Health and Development Needs

Stephanie Bunge, School Health Consultant, Ky. Department of Education, Frankfort, Ky.

Vicki Greenwell, Coordinated School Health Administrator, Department for Public Health, Frankfort, Ky.

Jamie Sparks, School Health and Physical Education Director, Ky Department of Education, Frankfort, Ky.

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Physical activity (PA) generally promotes a positive impact on a child's physical and mental health. Discuss the impact and evidence that PA leads to the enhancement of a child's cognitive functioning and academic achievement. Learn about PA interventions before, during and after school.

54. Professional Mapping – A Road to Career Encouragement

FRYSC Training Domain: Leadership Skills

Karen McCracken, Inspirational Speaker, Writer and Editor, Lawrenceburg, Ky.

It's hard to know where we are headed or where we have been without a plan or a map. Learn how to do professional road-mapping of your career. Discuss how focusing on accomplishments and goals met will help sustain during times when success seems to have abandoned you. As driven helpers, care-givers, teachers and social workers, we tend to focus on the difficult, stressful times rather than the positives. Learn how to acknowledge when you need to stop and rest rather than allowing yourself to burn out.

55. Role Models Needed

FRYSC Training Domain: Leadership Skills

Jimmy Dyer, FRYSC District Contact, Caldwell County Schools, Princeton, Ky.

Nearly 50 percent of American children live in a home without a father, which predisposing children to much higher rates of drug use, teenage pregnancy, crime and violence. Learn how role models and mentors can help bridge the gap.

56. Successfully Engaging Youth Through Positive Development

FRYSC Training Domain: Social & Emotional Needs

Kate Tilton, Program Coordinator, Kentucky Partnership for Families and Children, Inc., Frankfort, Ky.

Allie Caleb Rigsby, Youth Advocate, Kentucky Partnership for Families and Children, Inc., Frankfort, Ky.

Discover strategies to engage youth in programs and gain knowledge about how positive youth development leads to positive outcomes. At-risk youth are often disconnected from their communities and may not be attracted to traditional youth programs. Gain insight into what motivates young people, and learn skills to increase meaningful participation by youth.

57. The Use of Technology to Stalk

FRYSC Training Domain: Child/Youth Health and Development Needs

Rebecca Dreke, Deputy Director, Stalking Resource Center, National Center for Victims of Crime, Washington, D.C.

While today's technology can be fun and helpful, it can also be used by stalkers to track, survey, and gain information about victims. In fact, more than one in four victims of

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stalking reported some form of technology used in the duration of the crime. In this interactive workshop, participants will learn about the various ways offenders use technologies, such as phones, computers, video cameras, and global positioning systems (GPS), to stalk or premeditate crimes. Participants will also learn about preventative measures, safety planning, and legal remedies in order to promote safety, justice, and healing.

58. Using Data for Program Evaluation

FRYSC Training Domain: Center Operations

Chris Duckworth, Assistant Director Program Evaluation, KY SEED, Richmond, Ky.

Ben W. Birkby, Psy.D., Licensed Psychologist & Senior Evaluation Researcher, REACH Evaluation, Louisville, Ky.

Discover how understanding and using data to guide program evaluation and continuous quality improvement efforts at multiple levels. Learn about the different types of evaluation activities necessary for data-driven program implementation and monitoring. Review publicly available data sources, how to explore data and then apply findings toward the development of a continuous quality improvement plan relevant to specific needs.